Serving the men and women of Fighter Country

Vol. 26, No. 21 Luke Air Force Base, Ariz. May 26, 2000

### New commander takes over 56th SPTG

By Kristen M. Butler 56th Fighter Wing Public Affair

There's a new colonel in town, and he's here to become the 56th Fighter Wing's newest group commander.

The 56th Support Group changed hands May 18 as Col. Robert Worley took over for Col. Michael Hazen at a change-of-command ceremony in front of family, friends and numerous support group troops.

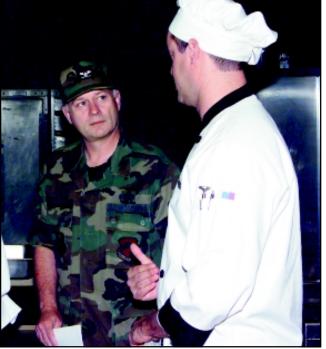
Worley joins Team Luke from Langley Air Force Base, Va., where he was the programs division chief for the directorate of services at Headquarters Air Combat Command.

At Luke, the Pleasant Plains, Iowa native is in charge of more than 1,500 military and civilian troops assigned to five squadrons with an annual budget of nearly \$155 million. Organizations under his command are responsible for essential base services such as installation management, engineering, communications, security, fire safety, housing, dining, lodging, personnel support and recreational services.

"The support group has a lot of diverse missions with different plans that effect base quality, the ability of people to do their jobs and overall quality of life," Worley said. "It's my goal to achieve a comprehensive plan for all units and their commanders to buy into – a plan with one clear direction."

In addition, Worley will oversee a major \$2.6 million runway renovation project that begins in July and is scheduled to be completed sometime in November. He will also be working on adding a food court to the community activities center.

Although Worley has been at Luke little more



Staff Sgt. Aaron Marcus

Col. Robert Worley, 56th Support Group commander, discusses food service operations with Staff Sgt. Jay Messinger, 56th Services Squadron dining facility senior shift leader.

than a week, he said he likes what he sees.

"I'm very impressed with the base appearance -I was expecting a barren desert," Worley said smiling. "But, to my pleasant surprise, the base is one of the most attractive AETC bases I've seen."

In the Air Force 24 years, Worley speaks with

experience. For the last three years he has inspected services organizations and, again, he said Luke's programs look "pretty darn good."

"I'm a touchy, feely kind of person," Worley said.
"I want to visit my office, not live in it. I want to be out there seeing, smelling and hearing what's going on in the support group world."

In addition to strong facilities and programs, Worley also said Luke's strength lies in its people.

"We have a lot of people out there with great talent, experience and awesome attitudes," Worley said. "I learned a long time ago, when you can show someone how to have pride in their job, you no longer have to worry about them."

Worley entered the Air Force in 1976 through Iowa State University's ROTC program with a bachelor's degree in business from Drake University; he also has a master's degree in management from Troy State University, Ala. In addition he has attended Squadron Officer School, Air Command and Staff College and Air War College.

A career services officer, Worley has served in a variety of services positions throughout the world. He has been stationed at places including K.I. Sawyer Air Force Base, Mich.; Andrews Air Force Base, Md.; Camp New Amsterdam Air Base, Netherlands; Ramstein Air Base, Germany; Shaw Air Force Base, S.C.; F.E. Warren Air Force Base, Wyo.; and Eglin Air Force Base, Fla.

Worley and his wife, Susan, have a son, Rob, and a daughter, Amy.

Hazen leaves for Wright-Patterson Air Force Base, Ohio, where he will serve as the 88th Air Base Wing commander

### Air Force promotes 42 Thunderbolts to captain

More than 40 Luke Thunderbolts were selected recently for promotion to captain as part of the 2000A/B Central Captain Line, Medical Service, Biomedical Sciences, Judge Advocate and Nurse Corps boards.

Luke's 100-percent selection rate beat the Air Force selection rate, which was 99.33 percent. Luke was also the best in AETC.

The captain's board convened at the Air Force Personnel Center, Randolph Air Force Base, Texas, March 27 to consider 3,083 officers.

The selectees for Team Luke are:

56th Comptroller Squadron James Kenisky

56th Fighter Wing Lyman Graham Matthew Hoyer Emily Lauritzen Christopher Senseney

56th Medical Operations Squadron Jade Alota James Chisolm Jon Daniels Randy Shepherd

56th Operation Support Squadron Elizabeth Benson Jennifer Grexa

56th Support Group Timothy Carrender

61st Fighter Squadron
William Antonius
Andrew Caggiano
Richard Coe
Michael Edwards
Kevin Krsul
Michael Nelson

62nd Fighter Squadron Mark Hadley

Carrie Howell Jason Mooney Daniel Munter Christopher Vance

63rd Fighter Squadron Lee Dewald Bryce Hardy Derek Marvel

308th Fighter Squadron
Marshall Chalverus
Eric Fagerland
Keith Gempler
Jack Harman
Michael May
Gregory Muller
David Pittner
Douglas Russell

309th Fighter Squadron
Daniel Hamilton
Todd Lafortune
Kate Lowe
Robert Marsh
Michael Nolan
Clinton Schneider
Heath Wimberley

310th Fighter Squadron Brett Lucas

607th Air Controller Squadron Paul Maykish

Armed Forces Institute of Technoloy Anthony Figiera Tara Shamhart

Air Force Research Laboratory Nichole Harris



Staff Sgt. Aaron Marcus

The entire 56th Fighter Wing and associate units ran a 5K fun run from the fitness center May 19 to kick off Safety Day.

### Wing sets aside Safety Day

By Tech. Sgt. Julie Briggs 56th Fighter Wing Public Affairs

The 56th Fighter Wing suspended flying operations Friday for units to focus on safety issues and raise Team Luke's safety awareness level.

"Whether you're a supervisor or airman, you have a responsibility for your conduct on and off duty, and the conduct of those around you," said Col. Steve Sargeant, 56th FW commander, during his opening remarks.

The goal was for units to perform the six-step Operational Risk Management process for work-related procedures and conduct "101 Critical Day's of Summer" safety briefings, with special emphasis on water safety, local driving conditions and how to avoid heat-related injuries.

"I urge every one of you to make those six steps part of your daily

–See Safety Day, Page 6

#### **Action Line**



Col. Steve Sargeant 56th FW commander

The 56th Fighter Wing Commander's Action Line is your direct line to me. I get personally involved in every reply. Your ideas and concerns help build a stronger foundation on which we can successfully complete our mission and take care of our people.

Before you call the Action Line

though, give Luke's professional experts a chance to answer your question in concert with your unit chain of command. If the appropriate official is unable to provide a satisfactory response, call me at 856-7011 or send an e-mail to command. actionline@ luke.af.mil. Please include your name and telephone number so I can provide a personal reply to your concern. Together we can make Luke a better place to live and work.

Who to call:	
Fraud, waste and abuse hotline	856-6149
Base exchange	935-4652
Commissary	935-3821
Patient advocate	856-9100
Legal assistance	856-6901
Law enforcement desk	856-5970
Housing office	856-7643
Military pay	856-7028
MPF customer service	856-7874
Civil engineer customer service	856-
7231	

#### Smoking near BX entrance

Comment: I have a problem with people smoking right in front of every entrance to the base exchange. Sometimes I actually have to hold my breath so I don't have to breathe other peoples' cigarette smoke. My 9-month old daughter obviously has yet to learn this technique, so she ends up breathing their smoke. I request there be a designated smoking area away from the entrance.

Response: Thanks for bringing this to my attention. As with most of our building on base, smoking is prohibited in Army Air Force Exchange Service facilities. This is what we'll do; we'll relocate the cans away from the entryways

to see if that will improve the situation. e-mail:



command.actionline @luke.af.mil or call, 856-7011

#### Sortie Scoreboard

Fiscal year 2000 programmed flight training

To date Goal 24.173 Sorties flown 38,595 Flying hours 31.983Pilot graduates 876 495 MRT graduates 972

> Luke people deployed: AEF 5/6: 75 and AEF 7/8: 25 Others: 86

'101 Critical Days of Summer'

### Break chain, avoid mishaps

"Sometimes 'accidents' do just

happen, but more often than

not, they can be prevented."

By Lt. Col. Paul Smith 56th Fighter Wing Safety

As I sit here at my computer, occasionally glancing out the window wishing I was flying one of those F-16s, I am reminded of a very close friend who was killed in early September 1998.

He died in a tragic helicopter crash just as the "101 Critical Days of Summer" was ending. It's not that I'm in a particularly somber mood or that anything traumatic

occurred sparking the memory, I just happened to notice his squadron's sticker on the rear window of my truck when I drove into work today.

So what does this have to do with 101 Critical Days or the Safety Day we had May 19? Like it or not, nothing we do is risk

free. Some activities like flying a helicopter at 100 feet wearing night vision goggles immediately conjure thoughts of a "risky" activity while other, more benign activities like moving the lawn or water-skiing do not.

Why do "benign" activities kill or injure so many more people than what most of us would consider dangerous activities? There is an unbroken chain of events that leads to the accident while doing something not normally considered "risky." A chain that in retrospect can seem obvious to the observer yet unnoticed by the victims

Sometimes "accidents" do just happen, but more often than not, they can be prevented. What I'm asking you to do this summer is take a good, hard look at every activity you do ... from what you do at work, to planning your vacation or working on those home projects. Analyze the dangers those activities may hold no matter how mundane they may appear or how remote an injury seems.

I'm not saying you need to do operational risk

management for sitting in front of the television. What I am saying is put preplanning into whatever you do. Whether washing dishes — ever forgotten that you put the steak knife in the water and cut your hand, mowing the lawn, loading a bomb dummy unit—did you see the explosives demonstration Safety Day, to commuting to and from work during the "Litchfield Road 500."

Play the "what if?" game and occasionally ask if you have taken every precaution in minimizing the risk to prevent a mishap. Stay focused on the task at hand and

> do everything possible to break that chain of events.

> Also, look for opportunities to break the chain leading to a mishap for vour co-workers, friends and family. Ever heard someone say they were going to drive 12 hours to see their folks after working a full shift? How

would you like to be driving on Interstate 15 in the car next to him on hour 11 of the trip and the 20th hour he has been awake? I sure wouldn't.

Lt. Col. Paul Smith

56th Fighter Wing Safety

Again, how about being out at the lake when two of your friends decide they want to see just how fast their personal watercraft will go. By the way, you lost count of how many beers you saw them drink. Break the chain right there. Don't be the one who tells the police or family member "I wish I would have said something."

There are a lot of things we can replace, but someone's life is not one of them. That is how I got started on this ... thinking of my friend and how much I hated to be the one who escorted his remains back to his family and how helpless I felt when his mother asked me how this could happen. I didn't have an answer. All I could think was "sometimes accidents just happen," but in my heart I know somewhere along the line someone could have broken the chain, but didn't.

### High standards earn AF respect

By Lt. Col. Kevin Corcoran

As anyone who reads the papers knows, there have been many personnel conduct and policy issues which have put the Air Force and the military in the headlines during the past several years.

I can't help but smile when many of our standards have been challenged in the media as prehistoric and unwarranted. Yet opinion polls consistently demonstrate we remain among the most trusted institutions in America. I believe we have been able to keep the public's confidence as a result of our "outdated" standards, not in spite of them.

Perhaps no standard has been more commented upon in recent years than our policy on fraternization and unprofessional relationships. Media reports have often characterized these cases as representing outdated norms and unnecessary government involvement in private lives of consenting adults. In reality. these cases are, and have always been, about professional command relationships, integrity and the maintenance of good order and discipline within the military.

Our interest in these areas remains strong. By its very nature,

the profession of arms requires individuals receive orders to perform duties which may place them in jeopardy. It is essential members are confident favoritism and personal relationships don't determine who gets particular assignments.

Of course, it is equally important a member believes those considerations don't drive who gets choice assignments. When members lose confidence in their superior officers' and NCOs' motivations and integrity, our ability to carry out our mission of defending this nation is compromised.

A study was recently released regarding our "zero tolerance" drug policy which concluded that while the policy was successful in lowering rates of drug use among our members, it didn't seem to be justified due to personnel retraining costs. I can only respond to such a view with the same questions I've asked during countless military justice briefings to military and civilian audiences alike.

How many want our aircraft to be operated by people under the influence of drugs? How many want to fly in aircraft maintained by people under the influence of drugs? How many are comfortable with military weaponry being in the hands of people who use drugs? In 15 years of doing these briefings, I've

yet to have a single hand raised.

Our nation has every right to demand a drug-free military to ensure national security. The stakes are far too high to compromise a standard which has clearly added to public trust and confidence.

The conduct standards prescribed by the Joint Ethics Regulation ensure operational and procurement decisions are made without the influence of personal gain on the part of decision makers. Regulations strictly limiting our participation in partisan politics have resulted in a democratically elected government which operates without fear of undue influence from the most powerful armed force on the planet; a truly remarkable phenomenon which we take for granted on a daily basis.

While many of our standards have become associated with military tradition, most were born of operational necessity. Those that have survived, continue to provide critical framework for Air Force people to successfully perform the mission.

Our standards have carried us to the pinnacle. We are the most respected aerospace force in the world and enjoy the trust and confidence of the nation we defend. Take pride in living by the standards that have brought us to this position.

#### **Editorial information**

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Deadline for "Tallyho" submissions is Friday at noon.

Commander Brig. Gen. (select) Steve Sargeant



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### Runway renovations begin

By Maj. Derek Kaufman 56th Fighter Wing Public Affairs

People living near Luke may soon observe some changes to noise impact made by the base's more than 200 F-16 aircraft.

The changes result from a decision by senior leaders to determine runway selection upon prevailing winds and an impending closure of one of Luke's runways for repairs.

"Throughout the aviation world, we select the runway to use based principally on winds,' said Col. Steve Sargeant, 56th Fighter Wing commander. "We will continue to put safety first when selecting the active runway. The primary factor is wind speed and direction. Taking off into the prevailing winds provides the greatest margin of

Luke's twin parallel runways are oriented for takeoffs and landings to the northeast or southwest. Runway 3L/21R is the western-most runway and Runway 3R/21L is on the east.

For instance, Runways 3L and 3R are used when taking off to the northeast. Runways 21L and 21R are used when taking off to the southwest.

For many years, taking off to the northeast was

had two precision instrument approaches in addition to a non-precision approach capability. Although takeoffs and landings into the wind are preferred for



The Luke runway renovation project is scheduled to begin July 10.

aerodynamic reasons, for many years base leaders previously accepted up to a 10-knot tailwind using Runway 3 because of its additional instrument capabilities. Today, both runways are equal in their instrument capability.

Under the new policy, there will no longer be a preferred runway and runway selection will be based on weather forecast and prevailing winds.

Data shows prevailing daytime winds from the south and west during much of the spring summer, aircraft takeoffs from the southwest (Runway 21 operations) are likely during these periods,

preferred because Runway 3R base officials said. At night and often during the winter, calmer winds will sometimes favor aircraft takeoffs from the northeast (Runway 3 operations).

An impending temporary clo-

sure of one of Luke's 10,000-foot runways for re-paving made timing right to implement the new policy, Sargeant said. Safety is the driving factor, since runway changes are more complex and critical to safe F-16 operations during single runway use. The closure of Luke's western-most runway to replace concrete at both approach ends is expected to begin on July 10 and end Nov. 7.

Base officials acknowledge different people near Luke are affected by noise depending on the runway in use and many will notice the change.

'We want to be good neighbors and we are acutely aware of the impact noise makes upon neighboring communities," Sargeant said. "However, from the standpoint of safety, this (new policy) makes the most sense.'

In an effort to minimize the noise impact on the surrounding community, Luke now conducts most instrument training at Luke Auxiliary 1, north of the White Tank Mountains. Additionally, Luke flies much of its F-16 traffic pattern training at Gila Bend Air Force Auxiliary Field.

#### **News Briefs**

#### Memorial Day remembrance

President Bill Clinton has directed all executive departments and agencies to dedicate a national moment of remembrance Monday at 3 p.m. for one minute to honor Americans who have died while defending the United States.

#### Holiday hours

Memorial Day holiday hours for Monday at Army and Air Force Exchange Service facilities are: 9 a.m. to 5 p.m. Shoppette 8 a.m. to 6 p.m.Car care center 9 a.m. to 4 p.m. Burger King 10 a.m. to 5 p.m. Concessions

9 a.m. to 4 p.m. Robin Hood 10 a.m. to 3 p.m. Anthony's Pizza 10 a.m. to 4 p.m.

Starbucks 10 a.m. to 3 p.m.

Popeye's 10 a.m. to 4 p.m

All other AAFES facilities are closed. In addition, the commissary is closed Monday.

#### 56th OG change of command

Col. Robert Steel takes command of the 56th Operations Group from Col. William Louisell at a ceremony today at 8:30 a.m. in Bldg. 485. A reception follows at the officers club.

#### Healthcare benefits briefing

A Government Employees Hospital Association representative visits the base June 6 from 11 a.m. to 1 p.m. in the 56th Support Center building, Room 1163. Civilian employees become familiar with services and pharmacy benefits, receive referral information and ask questions.

#### Medical records change

Beginning June 15, primary care patients with same-day appointments will no longer have to pick up and hand carry their medical records; patients can go directly to their appointment. This change is designed to improve customer service, ensure confidentiality and provide better continuity of care. For more information, call Curt Hudson at 856-2447 or Tech. Sgt. Mel Finley at 856-7513.

#### Enlisted aide needed

The Air Force Personnel Center seeks an enlisted aide for a position at McGuire Air Force Base, N.J. Volunteers must be senior airmen or above in their second term. Packages are due Wednesday. For more information, call DSN 224-1204.

#### ACSC recruiting

The education office seeks active-duty, Reserve and National Guard major selectees and GS-11s and above for Air Command and Staff College who have not yet completed their professional military education requirements. For more information or to register, call Cathy Brogan at 856-7722.

#### Aerospace integration report

The Air Force recently released a report on aerospace integration. The plan involves combining air and space capabilities and personnel to attain better results than could be achieved with air and space elements operating independently.

These actions occurred between May 15 and 19.

- •During a special courtmartial, an airman basic was found guilty of using Ecstasy and making false statements. He received three months confinement and forfeiture of \$670 pay for three months.
- •An airman received an Article 15 for marijuana use and being absent without leave. He was also reduced to airman basic and received 14 days ex-
- •A senior airman received an Article 15 for failure to obey an order. He was reduced to airman first class.
- •An airman first class received an Article 15 for driving under a suspended license and was reduced to airman.

#### 56th Range Management Office director

Name: Col. Jim Uken, 56th Range Management Office director

The layout of Luke's runways.

Responsibilities: Oversees all activities at the Barry M. Goldwater Range Complex, the U.S. Air Force's second largest training range and primary training facility for all active-duty Air Force F-16 and A-10 pilots as well as other range users. Activities include scheduling more than 70,000 sorties each year, environmental compliance for range property through cultural and natural resource management,

interfacing with Native American Indian Nations, targeting construction and maintenance, cleaning up expended ordnance and developing the roadmap for upgrading range capabilities that will provide the most realistic training for 21st century Air Force pilots. Uken is also responsible for three additional military operating areas and eight military training routes used for low-level flight training.

In addition, the director is responsible for Gila Bend Air Force Auxiliary Field activities conducted by a workforce of 150 contract workers and eight quality assurance evaluators. Gila Bend directly supports Goldwater Range as well as being Luke's primary divert airfield and emergency runway for all range users.

Furthermore, Uken is responsible for development of U.S. Congress mandated Integrated Natural Resource Management Plan for Goldwater Range. He chairs the working group comprised of federal and state agencies that have a vested interest in providing "good stewardship" of the range.

Hometown: Brookings, S.D. Years in service: 25

Family: Wife, Marilyn; sons, Kyle, Colin and Michael; and daughter, Nicole

Education: Bachelor's degree from South Dakota State University; a master's degree from California State University in San Bernardino, Calif.; Squadron Officers School; Air Command and Staff College; Air War College and U.S. Air Force Fighter Weapons School

Previous assignments: 1997 to 2000 Contingency Operations Branch chief, Headquarters Allied Air Forces Southern Europe, Naples, Italy; 1996 to 1997 Air War College, Maxwell Air Force Base, Ala.; 1993 to 1996 561st Fighter Squadron operations officer and squadron commander, Nellis Air Force Base, Nev.; 1989 to 1993 480th and 81st Fighter Squadrons assistant operations officer, Spangdahlem Air Base, Germany; 1988 to 1989 Air Command and Staff College, Maxwell; 1985 to 1988 F-4G Wild Weasel tactics development and evaluation chief, George Air Force Base, Calif.; and from 1975 to 85 numerous assignments Inspirations: Fighter pilot philosophies of "Give it your all, no matter what the task at hand" and "Make the squadron you're in the best in the U.S. Air Force.

Goals: Make the Goldwater Range the best range in the U.S. Air Force

Greatest feat: Lead fighter of four F-4Gs, the first aircraft to enter Kuwaiti airspace at the outset of the Persian Gulf War. We launched 16 AGM-88 high-speed anti-radiation missiles against Iraqi surface-to-air missile sites that helped pave the way from the very beginning for the successful air campaign. Leadership philosophy: Take care of your people first and they'll get the job done for you. Off-duty interests: Golf, sports in general



Uken

### Team Luke establishes spouse club

By Senior Airman J. Propst 56th Fighter Wing Public Affairs

Enlisted spouses and the family support center are forming an enlisted spouses club at Luke after a more than 15-year absence.

'Our goal is to be there for each other, for camaraderie," said Linda Jenkins, ESC member. "We hope to be able to support each other."

Jenkins, one of the founders, arrived at Luke 18 months ago and stayed in billeting for a month. During that time she was looking for a local contact who could tell her what was in the area. She called Vernadene Loveland, family support center information and referral specialist, and discovered there was no enlisted spouse club.

At Loveland's suggestion, they put an announcement in the base paper and got results. Immediately Loveland received 10 to 15 calls, then through word of mouth more than 30 people signed

The ESC has not set up specific goals since they are still trying to build their membership, Jenkins said. However, they have agreed on one committee.

ESC members have already decided to form a hospitality committee. This committee will put packages in billeting rooms welcoming new arrivals and giving them points of contact on the

"When you first arrive at Luke you don't know anybody or what is in the area," Jenkins said. "We'll help newcomers learn about the area — everything from where to find housing to what's



Tech. Sgt. Brandt Smith

Linda Theodorou and Linda Jenkins make posters to recruit new members into the newly-formed Luke Enlisted Spouses Club.

interesting to do in the local Phoenix area."

Beyond the hospitality committee, the ESC eventually hopes to sponsor scholarships and other community activities.

"We want ideas from other people about what direction the club should take," Jenkins said.

Emphasizing they are still in the planning phase, Jenkins said their primary focus is to support each and the community.

The club has decided to have its meetings the first and third Mondays of each month. The first monthly meeting is a board meeting, while the third Monday is for general membership. Dues are \$2 per month. All enlisted spouses of active-duty and retired military members are welcome to join the club.

For more information on how to sign up, call

### U.S. Savings Bonds: AF kicks off campaign

The Air Force hopes its people are "Creating a New Century of Savings" and urges members to do so by buying U.S. Savings Bonds during its annual campaign in June.

Throughout the 2000 Air Force Savings Bond Campaign, people can buy Series EE and new Series I bonds through payroll deduction. They simply have to contact unit representatives and fill out proper paperwork, said 2nd Lt. Brenda Simpson, Luke's campaign manager.

The U.S. Department of Treasury added the Series I bond for payroll deduction in 2000. These bonds are for investors who are looking for security along with a guaranteed real rate of return. They are sold at face value, earn competitive monthly interest and grow with the value

The traditional Series EE Bond is sold at half the face value. They offer marketbased interest rates, earn interest for 30 years and reach face value in 17 years.

Both bonds may be bought in eight de-

"Whether you're just starting a savings and investment plan or looking for ways to diversify an existing one, savings bonds are an easy, secure option."

2nd Lt. Brenda Simpson

Luke's U.S. Savings Bonds campaign manager

nominations ranging from \$50 to \$10,000.

"You can spread the purchase of both bonds over 10 months," Simpson said. "So, if you buy the lowest denomination of \$50, then you would only pay \$5 per month or \$2.50 per pay period until the bond is pur-

Those making a one-time bond purchase should go to their financial institution.

Bonds bought through payroll deduction may be received by mail, sent to a third party or have them held in safekeeping at the Defense Finance Activity Service in Denver.

There are two campaign goals: to raise

military and civilian participation by 5 percent and have 10 percent of bond buyers raise existing allotments.

"The purpose of the drive is to educate military and civilian members on the benefits of savings bond payroll deduction plan," Simpson said. "Not only does buying bonds increase the security and well-being of our members through a strong savings and investment program, it strengthens our entire nation by encouraging national savings and financing our national debt.

In essence, savings bonds underwrite the costs of the federal government.

"Whether you're just starting a savings and investment plan or looking for ways to diversify an existing one, savings bonds are an easy, secure option," Simpson said.

Bonds offer the safety and security of the U.S. Treasury and are replaced if lost, stolen or destroyed. They also offer numerous tax advantages

Interest on all the bonds is not subject to state and local income tax, Simpson said, and federal tax on the interest is deferred until bonds are redeemed. In addition, when bonds are redeemed for qualified educational purchases, interest can be exempt from federal income tax.

The Treasury Department announced May 1 the interest rates in effect during the 2000 campaign are 5.73 percent for EE Bonds and 7.49 percent for I Bonds.

For more information, contact unit representatives. Additional information on the U.S. Air Force's 2000 Savings Bonds Campaign is available at http://www.afpc. randolph.af.mil/votefund. (Courtesy of Simpson and Air Force Print News)

Wing This column recognizes Team Luke members' contributions to wartime readiness in the tradition of Warrior 2nd Lt. Frank Luke.

Name: Tech. Sgt. Stanley Ellis, 56th Logistics Group

functional system administrator

Hometown: Florence, Colo.

Years service: 20 Inspirations: My family

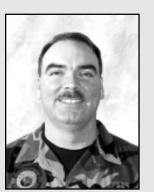
Goals: Enjoy life, complete network certification, leave my job better than I found it, pass on all I can to my daughter and retire.

Off duty: Computers, swimming, enjoying time with

my family and playing drums.

Commander's comments: "Tech. Sgt. Ellis manages the group's local area network of more than 1,800 users and 32 servers. He is the go-to person when it comes to network management," said Col. Frank Bruno, 56th LG

commander. "He's a dedicated hard-working NCO that consistently strives to keep a secure and effective network infrastructure and often works after-duty hours to finish projects and prepare for the next day. His customer service is impeccable."



Ellis

Luke's Col. Steve Sargeant, 56th Fighter Wing commander, uses this column to recognize Team Luke members' outstand $ing\ customer\ service.$ 

Name: Capt. Anthony McGraw, 56th Contracting

Hometown: Where my parents and in-laws live, Smithsburg, Md. and Orlando Fla.

Years service: 10.5

Family: My wife, Brandy; cat Tiger; and 56th CONS Inspirations: My parents who taught me to be thankful for what I have and be honest in what I do. Goals: Long-term — to make my wife happy, my new parents proud and serve my country honorably. Short-term — to be promoted to major with selection to Intermediate Service School.

Off duty: All my hobbies are expensive — photography, traveling, scuba diving, wine and computers Commander's comments: "Quick Draw is do-

ing some great things for this base in terms of making sure contractors live up to timelines and the quality we expect," Sargeant said.

#### **POLK**

Continued from Page 1

Luke. You have redefined teamwork and taken flight training to unprecedented levels of success and creativity," Polk said.

Polk experienced several examples of innovation by Luke airmen including the multi-media "briefing room interactive" designed to enhance preflight mission briefs for Luke students prior to his flight in one of the 310th Fighter Squadron's Fighting Falcons.

While he acknowledged the F-16 will

continue to be important for many years, Polk called the F-22 and Joint Strike Fighter modernization programs high priorities.

"The F-16 is the workhorse of the Air Force's fighters. It can do a lot of jobs and it can do them all well," Polk said. "But the average age of an Air Force airplane is more than 20 years old, and our fighter force is as old as it has been for a long time. We need to invest now to move on to the next generation of fighters."

Taking care of people has a direct impact on retention and it is something

Polk is committed to seeing happen at all levels of command.

The 1968 Air Force Academy graduate said maintaining combat capability depends not only on pilot production, but on preserving experience levels of aviators, support officers and enlisted technicians.

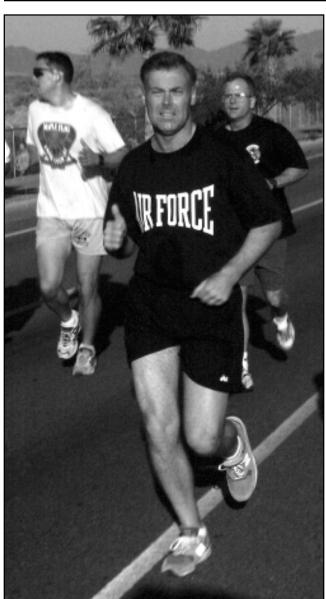
Polk added the feedback he's getting during base visits indicates the Expeditionary Aerospace Force concept is helping to introduce some badly needed stability and predictability for Air Force families.

He is cautiously optimistic the Air

Force is beginning to turn the corner on the retention front. He called the decision to stay and serve "a very personal decision," one shaped by world events that often affect airmen and their families personally.

"Most people stay because of the importance of their job, not because of how much money they make."

"Luke people truly enjoy what they do. That's special," Polk said. "Henrietta and I want to express our personal gratitude to each of you and your families for your unmatched dedication, professionalism and patriotism."



Staff Sqt. Aaron Marcus

Col. Steve Sargeant, 56th Fighter Wing commander, gives a "thumbs up," leading the Thunderbolts on the fun run that launched Safety Day May 19.

### Safety Day-

Continued from Page 1

habits," Sargeant said. "If you have already, keep going. I've clearly seen evidence in this wing where your ORM efforts ... have paid off over the past months.'

Sargeant kicked off the day with a 5K fun run from the fitness center in which thousands participated. Following the run, each squadron listened to Sargeant's videotaped Safety Day message in which he urged people

to work and play safely during summer months.

Following Sargeant's introductory message, each squadron tailored its day to meet work-specific needs.

For example, each flight of the 56th Equipment Maintenance Squadron tailored its briefings to cover shop-specific procedures, said. Tech. Sgt. Sonya Lakin, 56th EMS safety NCO. Topics in-

cluded general shop safety, how to use personal protective equipment and fire safety procedures.

EMS flights also covered various summer activities as part of its "101 Critical Days of Summer" safety briefing requirement. Topics included swimming, sports, monsoon driving and desert survival techniques.

The 56th Mission Support Squadron also covered various topics following Sargeant's introductory remarks. They covered water safety, first aid, cardiopulmonary resuscitation, local driving conditions, local weather and natural disaster preparation.

Of particular interest was the briefing by Jeff Servoss, Arizona Herpetological Society, for the 56th Component Repair Squadron. He gave a one-hour presentation on how to identify and avoid poisonous reptiles and amphibians to more than 100 squadron members. Servoss also brought rattlesnakes and a Gila Monster to show members what to watch for when they are out hiking, biking or camping in Arizona.

The presentation was very helpful," said Master Sgt. Alan Dawkins, 56th CRS jet engine production supervisor. "When you figure we have many people come here from other places who have probably never seen these animals before, it's of great value. Now they know how to react if they ever encounter one (of these animals) and how to react if they're ever bitten.'

In addition to the tailored Safety Day training sessions by the units, the 56th FW Safety office conducted two 90-minute safe driver's courses to boost defensive

"... we cannot lose any of you to

accomplish our critical mission.

Col. Steve Sargeant

56th Fighter Wing commander

senseless accidents without

... Work hard and play hard ...

and do both responsibly."

degrading our ability to

driving skills for all activeduty members under the age 26. Nearly 170 people attended both courses.

The motorcycle safety training and the explosives demonstration were also well attended. More than 200 people attended the motorcycle briefing, which was mandatory for all Luke motorcyclists; about 500 watched the explosives demonstrations.

The two Mothers

Against Drunk Drivers panel discussions were also well received. About 300 people heard the stories from two members of the panel whose family members were killed by drunk drivers. The third panel member was an offender who, at the time of his accident, had been a successful businessman. He lost nearly all his money and received jail time because he drove under the in-

The message throughout the day was play and work safely, because each Team Luke member is valuable.

You are at the top of the combat air forces in your level of training and maintenance of our F-16, we cannot lose any of you to senseless accidents without degrading our ability to accomplish our critical mission," Sargeant said. "So, work hard and play hard this summer – and do both responsibly.

### AF announces chronic critical shortage skills

RANDOLPH AIR FORCE BASE, Texas (AFPN) — The Air Force has announced its latest Chronic Critical Shortage skills list, giving enlisted members in selected fields a promotion advantage.

The CCS is designed to help reduce staff, technical and master sergeant shortages in certain sortie-generating and readiness-related skills by giving airmen eligible for promotion to these grades a promotion advantage.

Specifically, personnel in CCS skills are promoted at 1.2 times the Air Force average.

An Air Force Specialty Code is considered for placement on the CCS skills list when its NCO manning is below — and projected to remain below — 90 percent. Once placed on the CCS skills list, an AFSC usually

remains on the list for a minimum of two years or until its NCO manning is above 95 percent.

The current CCS list is in effect for 2000 and consists of the following 19 specialties:

1A3X1 — Airborne communications systems

1A4X1X — Airborne battle management systems and weapons directors\*

1C1X1 — Air traffic control

1C2X1 — Combat control

1C3X1 — Command post

1C4X1 — Tactical air command and control

 $\begin{array}{l} 1C6X1 - Space\ systems\ operations \\ 1N0X1 - Intelligence\ applications \end{array}$ 

1N1X1 — Imagery analysis

1N3XXX — Cryptologic linguists\*

1N4X1 — Signals intelligence analysis 1N5X1 — Electronic signals intelligence exploitation

1T2X1-Pararescue

1W0X1X — Weather and weather forecaster\*

2A1X4 — Airborne surveillance radar systems

2A5X2—Helicopter maintenance

2A5X3C — Bomber avionic systems 

2A6X3 — Aircrew egress systems

\*The "X" as the last digit of the AFSCs listed with an asterisk includes the basic AFSC and suffixes.

For more information, call the military personnel flight

at 856-7870.

#### Hey, who's the doc here ...



Tech, Sgt. Michael Burns

Col. Steve Sargeant, 56th Fighter Wing commander, gives Col. (Dr.) Michael Lischak, 56th Medical Group commander, his sixth anthrax shot. The shot is a mandatory force protection measure for all military members. Later Lischak returned the favor.

### Clinton approves medal

RANDOLPH AIR FORCE BASE, Texas (AFPN) — President Bill Clinton has approved establishment and award of the Kosovo Campaign Medal and campaign streamers to recognize Air Force members participating in or in direct support of Kosovo operations within established areas of eligibility.

Military members authorized the medal must have participated in or served in direct support of one or more of the following Kosovo operations within the Kosovo Air Campaign or Kosovo Defense Campaign area of eligibility:

- Allied Force March 24, 1999 to June 10, 1999
- ◆ Joint Guardian June 11, 1999 to date to be determined
- Allied Harbour April 4, 1999 to July 10, 1999
- Sustain Hope/Shining Hope April 4, 1999 to July 10, 1999
- Noble Anvil March 24, 1999 to July 20, 1999

Also Kosovo Task Force(s):

- Hawk April 5, 1999 to June 24, 1999
- Saber March 31, 1999 to July 8, 1999
- Falcon June 11, 1999 to date to be determined, coincides with Joint Guardian
- Hunter April 1, 1999 to Nov. 1, 1999 The Kosovo Air Campaign – March 24, 1999 to June 10, 1999 – area of eligibility is the total land area and air space of Serbia, including Kosovo, Montenegro, Albania, Macedonia, Bosnia, Croatia, Hungary, Romania, Greece, Bulgaria, Italy and Slovenia; and the waters and air space of the Adriatic and Ionian Sea north of the 39th north latitude.

The Kosovo Defense Campaign – June 11, 1999 to date to be determined – area of eligibility is the total land area and airspace of Serbia, including Kosovo, Montenegro, Albania, Macedonia and the waters and airspace of the Adriatic Sea within 12 nautical miles of the Montenegro, Albania and Croatia coastlines south of 42 degrees and 52 minutes north latitude.

Service members must have served, or be currently serving, in a unit participating in or be engaged in direct support of the operation for 30 consecutive days in the area of eligibility or for 60 nonconsecutive days provided this support involves entering the operations area of eligibility or meets one or more of the following criteria:

- Be engaged in actual combat, or duty that is equally as hazardous as combat duty, during the operation with armed opposition, regardless of time in the area of eligibility.
- While participating in the operation, regardless of time, is wounded or injured and requires medical evacuation from the area of eligibility.
- While participating as regularly assigned aircrew member flying sorties into, out of, within or over the area of eligibility in direct support of the military operations.

The KCM shall take precedence immediately after the southwest Asia Service Medal and before the Armed Forces Services Medal.

The KCM will not be available for issue to service members until after January 2001.

#### A bird's eye view ...



Staff Sgt. Christopher Matthews

Contract employees construct a new air traffic control tower under the supervision of the 56th Civil Engineer and 56th Contracting Squadrons. The old tower was only designed to accommodate three controllers and the standard complement of equipment. The new tower, being built because of increased operations tempo, can accommodate up to 25 personnel and new state-of-art equipment. It is 13 stories high and includes administrative and training areas. The new tower is located approximately 150 feet east of the existing tower and will be finished in January.

# AF announces tech, master promotion list release date

RANDOLPH AIR FORCE BASE, Texas (AFPN) — The Air Force plans to release its newest list of technical and master sergeant promotions June 8 and June 9 for those units across the International Date Line.

In years past, the list had been released by the first Thursday in June; however, this year the first Thursday falls on the very first day of June in the midst of a four-day work week.

"Allowing local military personnel flights and unit commanders ample time to process the lists and get their people notified is an important step in promotion releases," said an Air Force Personnel Center official. "A June 8 announcement allows for the notification time needed, especially for a dual release, while a June 1 announcement does not.

"Receiving and processing promotion test results is also of high importance," center officials said. "Waiting until June 8 to make the announcement allows the Air Force a few more days to get additional tests from individuals recently deployed and enables AFPC to score these members against their peers during the regular cycle instead of delaying their consideration until a later date."

The list of those selected for promotion to technical or master sergeant is available on the AFPC's home page at http://www.afpc.randolph.af.mil by 4 p.m. June 9 CST.

### Chief of staff talks retention

By Master Sgt. Kenneth Fidler

RAMSTEIN AIR BASE, Germany (AFPN) — Air Force Chief of Staff Gen. Michael Ryan said retention is what the Air Force is all about these days, and budget proposals and people programs reflect its commitment to erasing the effects of a decade of downsizing.

"I believe it in my heart," he said during a visit here recently. "It is people who make the U.S. Air Force a wonderful, great organization and the strongest Air Force in the world. That's why we have pushed so hard for increased pay, additional bonuses and to turn around the retirement system. It's why we work on BAH (basic allowance for housing) increases and why we're currently working on the medical system."

Since 1986, the Air Force has undergone sweeping cuts in budget and people, especially after 1990 when the Berlin Wall crumbled and the Cold War ended. The Air Force alone has decreased by 40 percent, Ryan said.

In 1986, the Air Force had more than 600,000 active-duty people. In 1999, that number was just over 350,000. The 1986 budget was just about \$120 billion; in 1999 it was about \$65 billion. For fiscal 2001, the proposed budget request is \$71.2 billion.

"This year was the first year we've had an increase in ... Air Force spending, in the past 14 years," Ryan said.

For its total housing construction program, the Air Force is allocating \$224 million. This includes new construction funds totaling \$37 million to build 272 units and revitalize another 278 units.

In its recruiting and retention programs, the Air Force continues its emphasis on combating downward trends. For fiscal 2001, \$809 million is allotted for recruiting and retention. The money will go toward expanded re-enlistment bonuses, increased promotion rates, implementation of the expeditionary aerospace force, additional recruiters and advertising.

Looking back 10 years, Ryan said after the Berlin Wall came down, "it was supposed to be a time ... when we were going to have some kind of a strategic pause. There was no pause for our folks. We continued to run an opstempo that was very high. What we in the Air Force needed to do was acknowledge that."

Since the end of the Cold War, the Air Force's role has expanded from tasks associated with warfighting to a mission that includes supporting humanitarian and peacekeeping operations.

The Air Force objective now is to retain people and make sure the service is equipped and staffed properly to take on the expeditionary missions Ryan expects will continue for quite some time.

"For us, retention is the issue," Ryan said. "We have wonderful, wonderful people in the Air Force, and we want to keep them."



Tech. Sgt. John K. McDowell The Air Force has transitioned from a fight-in-place fighter force ready for a large-scale conflict to a mobile and deployable mixed force that can operate simultaneously in multiple locations.

### Herbal supplements

### Air Force officials warn about potential dangers

TRAVIS AIR FORCE BASE, Calif. — During the past two weekends, several military members were seen at the emergency room because of symptoms associated with taking herbal, or dietary supplements.

These incidents, combined with the popularity of herbal supplements, have medical officials concerned.

The Office of Dietary Supplements at the National Institute of Health estimates that 15 million adults took prescription medications concurrently with botanicals or related remedies, said Col. Esther Myers, nutritional medicine flight commander.

"Many people don't think of herbal and dietary supplements as medications," Myers said. "They assume that if the supplement comes from a 'natural' substance, they are safe or without risk."

Nothing is further from the truth, Myers said.

She said the Army Air Force Exchange Service headquarters office recently directed all AAFES facilities to place special warning signs near dietary supplements and herbal displays to help consumers make sound choices and safe decisions.

Myers said Travis officials have taken additional pre-

cautions by asking local AAFES officials to post brochures developed by the surgeon general's working group.

The concern doesn't stop at base level, said Maj. (Dr.) Eric Nelson, Travis flight surgeon.

The Air Force surgeon general issued a policy letter in October cautioning military members, especially those on flying status and the personnel reliability program, to consider herbal and dietary supplements as "over the counter" medications.

People taking other medication in conjunction with herbal or dietary supplements should consult with their doctor or pharmacists to ensure there are no interactions between the herbal and prescribed medication.

Several herbal and dietary supplements being used by Air Force members can have adverse effects, especially on those individuals on flying status or conducting special operational duties, Myers said.

• Ephedra or Ma Huang: Ephedra comes from the herb Ma Huang. It is also known as sea grape, yellow horse, squaw tea and popotillo. Health claims of Ephedra are that it stimulates the central nervous system, suppresses appetite and increases metabolism.

The side effects of taking Ephedra include abnormal

heart rhythms, seizures and tremors, hyperactivity, insomnia, nausea, vomiting and dehydration.

- ◆ Caffeine: Caffeine is naturally occurring in tea, coffee and chocolate. It is a stimulant, but it does dehydrate and constrict blood vessels. When taken in moderation such as the amount found in soft drinks, tea and coffees it usually is not a problem.
- Anabolic and androgenic steroids: Anabolic and androgenic steroids, including Androstenedione are available as dietary supplements. Companies claim these supplements help build and maintain muscle mass, allow faster recovery times from high-intensity workouts and enhance performance.

Adverse effects of anabolic steroids can include behavioral changes, testicular atrophy, an increase in male mammary glands and baldness. The long-term effects of using steroids includes the increase of fatty buildup on artery walls, risk of stroke or heart attack and direct damage to the heart and liver.

For military personnel, the use of steroids is prohibited by Air Force Instruction 48-123. More importantly, for anyone taking steroids the risk of organ damage is life threatening.

#### FEATURE



Several dining-in participants take a friendly visit to the grog bowl, the punishment for leaving the mess while convened.

### Celebrating the enlisted force

By Tech. Sgt. George F. Jozens

The 56th Fighter Wing's enlisted corps followed a long-honored tradition May 19 when it hosted a dining-in May 19 at the Desert Star Enlisted Club.

Slated as an enlisted-only event, there was one officer present, retired Maj. Lee Arbon, a former flying sergeant. Arbon was the guest speaker and spoke of days when he was assigned to Luke and throughout the world.

The dining-in's history goes back to old English tradition in monasteries and universities, said Senior Airman Stephanie Brown, dining-in madam vice. During the 1800s, each month the English in India used this military ceremony to dine together to create camaraderie.

During World War II, Gen. Hap Arnold gave the Air Force dining-in its beginnings with his noted "Wing Dings." Today the dining-in is an occasion where ceremony, tradition and good fellowship enhance the life of Air Force people.

The ceremony, presided over by 56th FW Command Chief Master Sergeant Kevin Isakson, started with the posting of the colors and toasts to prestigious people at the top of the Air Force and Marine Corp chain of command. The mess toasted the people who could not attend the festivities, especially the 80 Luke members deployed that night.

### Past, present and future

"Where are we going?

Retired Maj. Lee Arbon

Former flying sergeant

The answer fellow

airmen, lies in your

hands."

As with most military functions there is a protocol to be followed. There were 22 rules of the mess to follow. If one didn't, the president of the mess, Isakson, decided the penalty. In true military fashion, the penalty for an infraction was a visit to the grog bowl.

The grog was a mixture only the wit and poetic words of Senior Airman Jon Kovacic, mister vice, could describe. The

concoction of various liquids and sporting brilliant colors was placed in a pair of porcelain containers, not usually used to drink from, and came in two forms "leaded and unleaded," Kovacic

Although senior NCOs dominated the line at the grog, a few of the younger airmen also enjoyed the experience.

As dinner ended and the grog was closed, the 56th FW Honor Guard displayed a pageant of flags to remind the audience of Old Glories' history

'The Honor guard was incredible for adding professionalism and espirit de

corps to the evening," Isakson said.

The wing stood in the position of attention a few times during the evening and formed a sea of stripes. Some of those stripes were old retired chevrons of the past and some were singular and new.

"I will recommend to any airman to definitely go to a dining-in," said Airman Lisa Westcott, 56th Security Forces apprentice. "It was an opportunity to

share tradition and speak at a personable level with higher ranking enlisted members. I even got to talk to our command chief master sergeant.'

The theme for the dining-in was "Celebrating the enlisted force:

Past, present and future.

"Mr. Arbon is an enlisted legend and certainly his presence capitalized on our theme of enlisted heritage," said Isakson. "His address was inspiring and full of history that enhances the thought that the enlisted force was and still is the backbone of the Air Force.

Arbon shared his experiences with

the fighter wing enlisted corps.

"Fifty eight years ago when the U.S. was only six months into World War II, 24 newly fledged staff sergeant pilots, myself included, left Luke Field bound for our combat units," said Arbon. "I didn't have the foggiest idea that I would survive the war, let alone return to address a much younger generation of airmen here.

"None of us (sergeant pilots) shall forget the events in which you and generations of your Air Force have been involved," he said. "... drawdowns, double tasking, long hours and overtime. Your efforts have not gone unnoticed. Those of us who have been there and done that feel your pain and wish we could shed our tears and share your burden.

The dining-in filled the enlisted club. "I was more than pleased to see so many young airmen attend along with their supervisors," said Isakson. "These young airmen are the future enlisted leaders of our Air Force and 21st century airmen as Mr. Arbon stated. Exposure to military tradition is important for these young people to learn, participate in and pass to the next generation. I'm considering a dining out in the fall so our spouses can also participate, so stayed tuned."

Arbon finished the evening with these words about the future.

'Where are we going?" said Arbon. "The answer fellow airmen, lies in your hands.'





(Left) Chief Master Sgt. Jeffery Antwine, 62nd Fighter Squadron, sets an empty table in remembrance of those who are still missing in action or those who were prisoners of war. (Above) Members of the mess make a toast during dining-in festivities. (Right) Luke Honor Guard member Airman 1st Class Brian Hansberry posts the colors during a pageant of flags.



### Keesler officer becomes first AF Muslim chaplain

By Susan Griggs Keesler Air Force Base, Miss.

The crescent badge he wears on his chest sets him apart from any other officer at Keesler — or any other officer in the Air Force.

Chaplain (1st Lt.) Abdullah Hamza al-Mubarak, 30, is the Air Force's first Muslim chaplain. Although he's the only Keesler chaplain who's not Christian, he's ready to serve the entire base community.

"About 5 percent of what chaplains do involves religious worship—the other 95 percent involves caring for people," explained Lt. Col. Bill Bischoff, executive officer to the 81st Training Wing chaplain. "Every chaplain does that from his own background, but there's a lot of commonality. We all have listening skills and we can function as an advocate for those in need."

Al-Mubarak grew up in El Paso, Texas, raised in a traditional Christian home by his Hispanic mother.

"My mother raised me to be a spiritual person, an individual, a critical thinker," he recalled.

He explored many religions as he grew up, but began to study Islam about 16 years ago and accepted the faith in 1991.

Although he's new to the chaplain service and the officer ranks, al-Mubarak isn't new to the Air Force. He served four years as an enlisted troop in the finance

"It's the first time the Islamic voice will be at the table."

Chaplain (Maj.) Howard Stendahl

Air Force Recruiting Service's chaplains accession section chief

career field at Eglin Air Force Base, Fla. While there, he earned a bachelor's degree in psychology from Troy State University.

When he left the Air Force in June 1996, al-Mubarak worked in veterans' affairs in his hometown of El Paso for six months before deciding to pursue being a chaplain.

al-Mubarak was commissioned as a second lieutenant in January 1997 and designated a chaplain candidate while he completed his religious education at the School of Islamic and Social Sciences in Leesburg, Va.

"In the chaplain candidates program for seminarians, we'd spend three months at a time shadowing other chaplains to see if it was the kind of ministry we'd really like to do—'a match made in heaven,' so to speak," al-Mubarak explained.

As a seminarian, he visited Lackland Air Force Base, Texas; Andrews Air Force Base, Md.; and the U.S. Air Force Academy, Colo. After earning a master's degree in religious practices at the Islamic seminary, al-Mubarak received ecclesiastical endorsement to serve as a military chaplain from the American Muslim Armed Forces and Veterans Affairs Council. The Air Force chaplains accession board accepted him for active duty in February.

al-Mubarak also had to pass an interview with a senior active-duty chaplain, a military physical and security investigations, and agree to serve in a pluralistic environment — an atmosphere of religious accommodation.

"It's the first time the Islamic voice will be at the table," said Chaplain (Maj.) Howard Stendahl, chief of the Air Force Recruiting Service's chaplains accession section. "He is unique in his faith group, but he is also a colleague."

Although there are about 3,000 Muslims in the Air Force, there are only about 14 permanent party active-duty Muslims at Keesler. Family members and technical training students add to this small group.

So why was al-Mubarak assigned to Keesler? Once al-Mubarak gets settled into his new home and assumes chaplain duties, he plans to organize two Friday Muslim worship services.

"I'll be networking with local Muslim community and looking to my former community in Pensacola, Fla. and Mobile, Ala. for mutual support," al-Mubarak said.

## Police Week



(Left) A Warrior Challenge participant attempts to launch a grenade into a target as part of the May 17 competition. Squadrons competed against each other as part of Police Week activities May 15 through 21. (Below) A Mayaguez retreat ceremony was May 15. The scene symbolizes 23 military members who died during the rescue mission in 1975.



Airman Julie Cordle



(Above) Senior Airman Jason Schieble takes Kristin Neff's fingerprints Saturday as part of Police Week activities. (Right) Airman 1st Class Kerry Koepp paints Katelyn Zibell's face in camouflage also Saturday during Police Week activities.



Staff Sgt. Aaron Marcus



pant, Tech. Sgt. Paul Mattson, 56th Logistics Group quality assurance, prepares to compete in the combat arms training simulator event.

Warrior Challenge partici-

Airman Julie Cordle

### Quality of life

### Cohen host military family forum, shares ideas

By Linda D. Kozaryn

WASHINGTON (AFPN) — A first-of-its-kind military family forum, hosted by Defense Secretary William Cohen and his wife, Janet Langhart Cohen, is slated Wednesday at the Pentagon.

About 100 military family members — 68 active duty and 32 reserve — from throughout the services will meet with the Cohens and top defense leaders. Defense Department officials say the daylong conference is designed to promote grassroots communication and exchange quality-of-life "best practices" around the globe.

Good quality of life is essential to military morale and readiness, according to Cohen. DOD's overall goal is to build strong, cohesive communities and career commitment. DOD's challenge is to balance mission demands with support programs that provide respite, build morale and develop a strong sense of community.

The forum provides family members an opportunity to talk directly to the secretary and his wife. Forum topics include health care, housing, pay and compensation, child and youth services, education, operations tempo, spousal employment, family support and readiness, relocation, and retiree and survivor benefits.

The conference will underscore quality-of-life achievements to date and focus attention on some key challenges facing the military. The forum will conclude



Staff Sgt. Milo Ware Jr

Staff Sgt. Derryl Wilson reunites with his children, Gabrielle and D.J., and his wife, Adrienne, as people from the 35th Fighter Wing returned to Misawa Air Base, Japan, after a three-month deployment in the Persian Gulf.

with a dinner for the family members hosted by the Cohens and attended by members of Congress.

DOD's Office of Family Policy recently compiled statistics giving an overview of the "military family." Officials said the data show much progress has been made in the area of child care and other family concerns, but much more remains to be done.

- Nearly 40 percent of the nearly 1.3 million children with military parents are under age 6.
- Military members marry and have children younger than civilian counterparts, DOD officials said.

- About 6 percent of active-duty members are single parents. About 8 percent provide some support for elder relatives.
- Commanders responding to an August 1999 DOD survey rated financial management, indebtedness, spousal employment, parenting skills and spousal abuse as their top family support concerns.
- A 1998 Rand Corp. study concluded that one-fifth of enlisted service members felt financially squeezed. One-quarter of enlisted personnel reported having received food stamps, welfare or other public assistance in the past year.
- ◆ DOD officials say spousal employment affects retention, the need for childcare, and the need for relocation and financial management assistance. About 63 percent of junior enlisted spouses' work outside the home, most say to provide basic necessities.
- Military families move twice as often as civilian counterparts, and the government typically reimburses them only half to two-thirds of the costs they incur.
- About 10,000 children receive special education services from DOD schools; another 2,000 developmentally delayed infants and toddlers participate in early intervention programs.

"Our military families are the heart of our nation's armed forces," said President Clinton in his 1999 Military Family Week message. DOD officials said the military family forum is an opportunity for military families to be heard.

#### Chapel News

#### Worship schedule

The following is Luke's Protestant and Catholic worship schedule:

#### Protestant worship

- Holy Communion is Sunday at 8 a.m. at the Luke Community Chapel.
- Gospel service is Sunday at 8:30 a.m. at the Chapel on the Mall.
- Morning worship service is Sunday at 11 a.m. at the Luke Community Chapel.
- Evening praise service is Sunday at 6 p.m. at the Luke Community Chapel.

#### Catholic worship

- Saturday Mass is at 5 p.m. at the Luke Community Chapel.
- Sunday Mass is at 9:30 a.m. and 12:30 p.m. at the Luke Community Chapel.
- Thursday is the Feast of the Ascension, a Holy Day of Oblicgation. Masses are at noon and 5 p.m. in the Luke Community Chapel. A Vigil Mass will not be held Wednesday.

#### Singles meet

The Luke Chapel Singles meets at 5 p.m. every Thursday in the fitness center for walleyball and at 7 p.m. in the Luke Community Chapel conference room for bible study.

> For more information on these and other chapel programs, call 856-6211.

#### **Around Base**

#### VolunTeen seeks youths

The American Red Cross VolunTeen Program hosts two orientations Tuesday and June 6 from 9 a.m. to noon in Bldg. 1144, Room 944.

The program is open to young people ages 13 to 19 to serve in various hospital clinics, the pool as junior lifeguards and other offices on base.

Parents are encouraged to attend the orientations. To register, call 856-7823.

#### Arizona MDA Summer Camp

Volunteers ages 16 and older are needed for the week-long Arizona Muscular Dystrophy Association Summer Camp June 11 to 17 at Camp Shadow Pines in Herber, Ariz. The camp is open to children and young adults ages 6 to 21 diagnosed with a neuromuscular disease. To volunteer, call (480) 496-4530.

#### Embry-Riddle registration

Embry-Riddle University begins its summer term Tuesday at Luke. The term ends July 31. All classes begin at 5 p.m. Register at Bldg. 1150, Room 3143, by June 2. For more information, call 935-4000 or 856-6471.

#### Van pool openings

Space is available for military or civilian employees interested in a van pool from the east valley to Luke. Call James Knuckles at 856-6378 for information.

#### Guard Start program begins

Session 1 of Guard Start, an American Red Cross program for 11 to 14 year olds to learn the roles and responsibilities of being a lifeguard, meets 11 a.m. to 5 p.m. Tuesday through June 2 at the Oasis Pool.

Session II meets from 9 a.m. to 2 p.m. June 12

through 16 at the Oasis Pool. Cost is \$30 and includes shirt and books. For more information, call 856-6267.

#### Child care provider training

The family child care office conducts new provider training from 8:30 a.m. to 3:30 p.m. June 19 to 21 at the FCC office, Bldg. 1137. For more information, call 856-7472.

#### Children's storytime

Children's storytime is from 9:30 to 10 a.m. Thursday and June 8, 15, 22 and 29 in the library. Thursday's stories are about travel and vacations. Call 856-7191 to register.

#### Ethnic meals

The Ray V. Hensman dining facility features ethnic meals from 10:30 a.m. to 1 p.m. every Wednesday in June. Scheduled meals include Southern-style cuisine June 7, Italian June 14, Cajun-style June 21 and Mexican June 28.

#### Preteen game night

Children 6 to 12 years old can play a variety of games including board games, ping pong, basketball or bowl from 6:30 to 9 p.m. June 2 at Bldg. 1143. Cost is \$3 per person. Appropriate shoes must be worn in the gym. Call 856-6225 or 856-7470 for more information.

#### 'Battle of the Bands'

The community center hosts a "Battle of the Bands" contest starting at 6 p.m. June 10 at Fowler Park. Bands will compete for first-, secondand third-place prizes at the free event. For more information, call 856-7152.

#### Shining Star performs at club

Shining Star performs live at 9 p.m. June 2 at the Desert Star Enlisted Club. Cost is \$3 for members and \$5 for nonmembers. Call 856-7136 for reservations.

#### Babysitter's course

The American Red Cross offers a babysitter's training course for 11 to 15 year olds at 9 a.m. June 3 in Bldg. 1150, Room 1077.

The course develops participants skills in five areas: leadership, safety and safe play, basic care, first aid and professionalism. Cost is \$30. Preregister by calling 856-7823.

#### Rio Salado summer term

Rio Salado's summer term begins June 5. Visit the advisor Mondays, Wednesdays and Fridays to develop an education plan. Call 856-3239 or stop by Bldg. 1150, Room 3138, to set up an appointment.

#### Teen babysitting class

The youth center sponsors a Red Cross babysitting class for teens from 9 a.m. to 4 p.m. June 3 in the 56th Support Center building, Room 1064. The free class includes a babysitting kit. Participants need to bring a sack lunch. The class is limited to 30 people. For more information, call 856-7470.

#### Teen Diamondbacks game

The youth center offers a trip for teens 13 to 18, to see the Diamondbacks play July 1. The group leaves the youth center at 11:30 a.m. and returns after the game. The cost is \$10. The trip is limited to 13 people. For more information, call 856-7470.

#### Auto service

The auto hobby shop offers flat-tire repair, rotation, wheel balancing, drum and rotor turn, oil changes, wheel alignments, air conditioning checks and window tinting to Defense Department civilian employees, Monday through Friday, by appointment only. For more information, call 856-6107.

#### Youth art classes

The skills development center offers summer art classes for children ages 8 and older. Students learn various forms of art including crafts, ceramics and fine arts. The class meets six times per session. The cost of \$7 per class or \$35 per session includes materials. For more information, call 856-6722.

#### Teens in the Kitchen class

The youth center conducts a Teens in the Kitchen class from 5:30 to 7 p.m. June 10 for 13 to 18 year olds to learn about kitchen safety techniques, balanced nutrition and safe food preparation. Spaces are limited to 10 people with military identification. Call 856-6225 or 856-7470 for more information.

#### Wood frame class

A wood frame class meets at 2 p.m. June 11 and 15 at the wood hobby shop for students learn to measure, cut, join and assemble a wood frame. Students should bring artwork ready to frame. Cost of \$10 does not include supplies. For more information, call 856-6722.

#### Summer reading program

The library's summer reading program, "From Sea to Shining Sea," is 9:30 a.m. Thursdays from June 29 to Aug. 3. Call 856-7191 for registration information.

#### June birthday meal

Airmen living in base dormitories and celebrating a birthday in June are invited to a special birthday meal at 5 p.m. June 22 in the Ray V. Hensman dining facility. Enjoy steak and lobster or steak and shrimp. Those who missed April's birthday meal may attend the June meal. Sign up at the dining facility. For more information, call 856-6238 or 856-7329.

#### Newcomers orientation for youth

The youth center hosts a newcomers orientation for youths 6 to 18 years old new to Luke from 6 to 6:30 p.m. June 6 in Bldg. 1143. Youth will receive a newcomers briefing, tour the facility and meet the youth center staff coordinators. For more information, call 856-6225 for 856-7470.

#### Information, Tickets and Tours

Information, Tickets and Tours is in the community center. Dillards Box Office and Ticketmaster are open weekdays from 8 a.m. to 6 p.m.; Saturday from 10 a.m. to 2 p.m.; and closed Sunday. For more details, call 856-6000.

#### **Tours**

Mexico

A shopping trip to Algodones, Mexico, departs from Bldg. 700 at 6 a.m. and returns at about 7 p.m June 3. Cost is \$15 per person.

Participants should wear comfortable walking shoes and carry picture identification for both trips. Food is available for purchase.

#### Laughlin

A trip to the Riverside Casino in Laughlin, Nev., departs at 6 a.m. and returns at about 10 p.m. June 4 and 18. The cost of \$5 includes transportation, champagne brunch or dinner buffet and coupons for casino action and gift shops. Participants must be at least 21 years old. Space is limited; register early.

#### Grand Canvon

A one-day trip to the Grand Canyon East Rim is June 17. The bus leaves from Bldg. 700 at 5 a.m. and returns at about 9:30 p.m. The \$50 cost includes transportation, a narrated tour and IMAX Theater ticket. Food is available for purchase.

#### **Tickets**

Tickets for a variety of community events including Arizona Diamondbacks, concert and festival tickets are available. Call for locations, times and events.

#### Luke Movies

Movies begin at 7 p.m. Sunday, unless otherwise noted. Children 12 and under pay \$1; adults \$1.50.



#### Friday

"Where the Money Is" (PG-13) Stars Paul Newman, Linda Fiorentino and Dermot Mulroney. Henry Manning finds a new way to break out of prison; he fakes a stroke and gets transferred to a nursing home.

When the prison guards deliver Henry to the nursing home, Carol is immediately intrigued. After all, he was a famous bank robber; his life had all the mystery and fun that hers lacks. Carol is bored with her job, her glory days as prom queen are long past and Wayne (her onetime prom king) just marks time on his night-shift job.

While Henry seems feeble and helpless, Carol suspects otherwise. She tries to prove he is playing possum, but Henry has long since learned not to let his guard down especially when it comes to finding he hid the money.



#### Saturday

Return to Me (PG-13) Stars David Duchovny, Minnie Driver and Carroll O'Connor. Return To Me is a romantic comedy infused with real life humor. Life can change in an instant and it does for the two lead characters.

Grace Briggs, who is surrounded by a group of substitute mothers including her Irish grandfather, embraces a lonely Bob Ruel.

Although Bob and Grace are strangers at the start of the story, their lives are soon forever intertwined by fate.

#### Sunday

Price of Glory (PG-13)

Stars Jimmy Smits and Jon Seda. This drama demonstrates the quest for excellence through one father's journey to raise his family and train his three sons to become championship boxers.

Arturo Ortega is an aspiring world champion boxer whose rising career is unexpectedly cut short. Years later, he attempts to realize his broken dreams through his sons.

June 2



Rules of Engagement (R) Stars Tommy Lee Jones, Ben Kingsley, Samuel L. Jackson and Anne Archer. Col. Terry Childers is a 30-year Marine veteran: a decorated officer with combat experience in Vietnam. Beirut and Desert Storm.

When the U.S. Embassy in Yemen is surrounded by a large crowd of demonstrators, Childers is ordered to lead a squadron of Marines to bolster security at the embassy. His orders are to evacuate the ambassador and his family if the situation turns violent. During the mission, three of Childer's men are killed, along with more than the 80 Yemeni men, women and children killed by Marine gunfire.

Childers faces a court-martial for violating the rules of engagement by killing unarmed civilians. He denies the charge, contending the protesters were armed and had opened fire on the Embassy.

Childers refuses to go down quietly and turns to his longtime friend, Marine Col. Hays Hodges, to defend him.

#### Salutes

#### Annual awards

The following individuals received AETC awards for 1999.

2nd Lt. John Welde, 56th Fighter Wing Plans office, was named the AETC Readiness Officer of the Year for expertly managing the largest deployment commitment in the command.

Tech. Sgt. James McDonald, 56th Transportation Squadron, received the AETC Readiness NCO of the Year for expertly managing 15 diverse readiness programs.

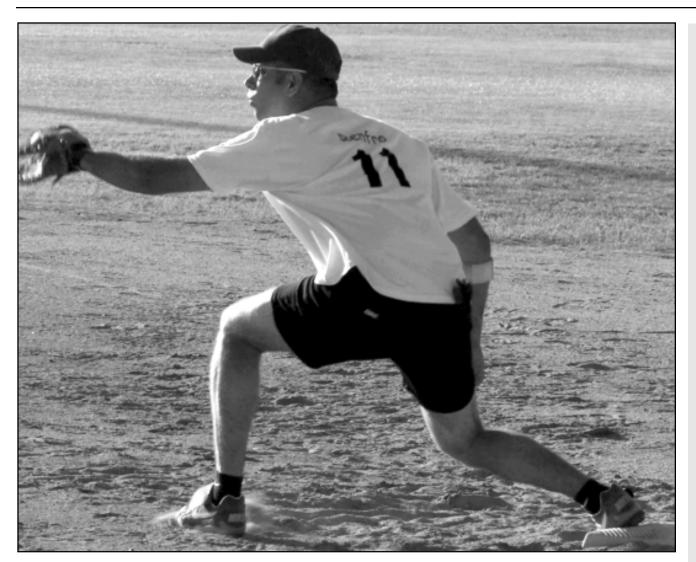
Airman 1st Class Stephanie Lapierre, 56th Civil Engineer Squadron, received the AETC Readiness Airman of the Year award for developing an automated Prime BEEF tracking database.

Cleam Coleman, 56th Supply Squadron, was named the AETC Readiness Civilian of the Year for enhancing Luke's mobility bag and weapons program.

Capt. Robert Ricker, 56th Operations Support Squadron, received the AETC Air Traffic Control Officer of the Year award.

Tallyho May 26, 2000

Tallyho May 26, 2000 22 Tallyho May 26, 2000 SPORTS



310th Fighter Squadron's Reney Bartlett prepares to catch the ball and make a play at first base. Though the 310th was behind most of the game, they came back to win 9-8.

### 310th takes comeback win

By Staff Sgt. Michael Briggs and Senior Airman J. Propst
Tallyho stringer and 56th Fighter Wing Public Affairs

The 310th Fighter Squadron prevailed in a hard-fought battle May 18 against the 56th Security Forces Squadron, 9-8.

In the first, the 310th could not put anything together while the cops took advantage of poor pitching and scored two runs.

Both teams managed to put a run on the board during the second inning, giving the cops a 3-1 lead after two. Even though 310th's John Davis and Greg Crumb had a couple good hits, SFS pitcher John Ludwikoski and his infield, including a great catch by Frank Bettencourt, kept the 310th to only one run in the third. Meanwhile, the SFS managed to put three more runs on the board against 310th pitcher Frank Gutierrez for a 5-2 lead.

The fourth was a scoreless inning for both teams keeping the score at 5-2.

In the fifth, the 310th's Jeff Hicks hit a double to score two runs. The 310th scored another run to tie the score 5-5. The cops were determined to keep their lead. In the bottom of the fifth, they scored three times with a timely triple by Jonathan Cooper and other key hits throughout their lineup, ending the fifth 8-5.

Knowing this would be the 310th's last at bat in the sixth, the 310th took the lead by scoring four runs with the help of a tired pitcher, timely hits and a triple by Davis pulling ahead of the cops 9-8.

In the bottom of the sixth, the SFS knew they didn't have much time to stage a comeback. The 310th's stingy defense spoiled that idea by not allowing a run. The final score was 9-8 in the 310th's favor.

The 310th felt they could have won by a wider margin, Gutierrez said.

"We could have hit more consistently. We stranded too many runners in scoring position. However, we played defense pretty well and never gave up. In the end we came up with some key hits and took advantage of some errors," Gutierrez said.

#### Take a hike ...



Mike McManus ike, which was

Melissa Beaushaw and Monica Mahoney hike down Camelback Mountain May 5. The hike, which was sponsored by the fitness center as part of fitness month, started at 6 a.m. and lasted until noon.

#### Sports Shorts

#### Father's Day bowling

Luke lanes has an extreme bowling special June 18 from 12 to 4 p.m. Dads bowl free and youth 18 and younger bowl for \$2.10 per game.

#### Cold water

The fitness center does not have hot water from June 8 to 13 because the water heater is being replaced.

#### Closing ceremonies

The fitness center sponsors a fitness fair and closing ceremonies for fitness month Wednesday from 10 a.m. to 1 p.m. Free health information is available.

#### Horseback riding trip

Outdoor recreation sponsors an adults only camping and horseback riding trip June 3 and 4 at Fort Huachuca and Tombstone, Ariz. Participants leave at 6 a.m. June 3 and return at 8 p.m. June 4.

The \$45 per person cost includes lunch, dinner, breakfast, camping equipment, transportation and horse rental. The trip is limited to 12 people. For more information, call 856-9334.

#### Youth basketball

The youth basketball opening day ceremony is June 17 at 9 a.m. at the youth center.

#### Operation Night Hoops

The youth center sponsors Operation Night Hoops beginning June 3 a free program for teens. Basketball games are played Saturday evenings. The youth center also seeks adult volunteer coaches and assistant coaches. For more information, call 856-7470 or 856-6225.

#### Softball tournament

The 12th annual "Contracting Weekend Bash" military regional softball tournament is July 22 and 23 in Tucson. The top four teams receive prizes and each player on the championship team receives their choice of a new glove or bat.

There is a reduced fee for early entry. For more information or to sign up, call Greg Manning at (520) 228-4190.

#### Biking, camping, hiking outing

Outdoor recreation sponsors a 12-mile downhill biking trip June 24 down Humphry's Peak, the highest point in Arizona. The group spends one night camping at Fort Tuthill, before hiking the upper Oak Creek Canyon and biking down. The van departs June 24 at 6 a.m. and returns June 25. Participants must be at least 12 years old. The trip is limited to 12 participants. For more information, call 856-6267.

#### Indoor soccer camp

The youth center sponsors a youth indoor soccer camp from July 17 to 21 from 1 p.m. to 4 p.m. in the youth center gym. The camp is limited to 50 participants. Cost is \$25. Register at the youth center or call 856-7470.

#### Scuba diving class, weekend

There are scuba diving certification classes July 10, 12,17, 19, 24 and 26 from 7 to 10 p.m. at the Oasis Pool. Participants must take part in all certification classes to take part in the outdoor recreation diving weekend.

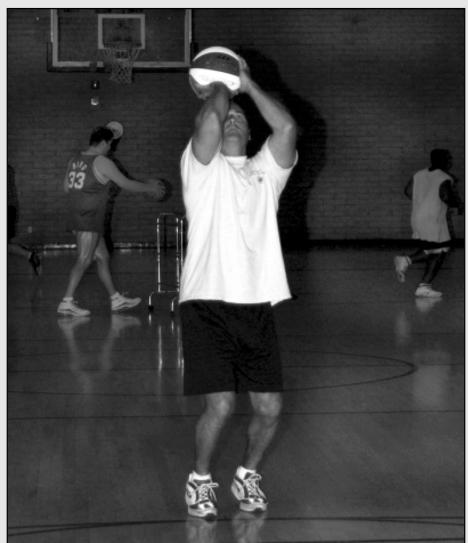
The trip to scuba dive in Arizona and Nevada lakes leaves July 28 at 9 p.m. and returns July 30. Participants must register by July 7.

Cost is \$350 for the class and weekend trip. The cost for the weekend is only \$80 for participants who are already certified. The cost includes transportation, two nights lodging, one breakfast, one dinner buffet, coupons for casino action and two free bingo plays. For more information or to register, call 856-6368.

#### 'Skins' golfing

Falcon Dunes offers "skins" golfing Tuesdays at 5 p.m. The \$12 per-person cost includes greens fees, cart and "skins" money. For more information or to register, call 535-8355.

#### Swish ...



Staff. Sgt. Aaron Marcus

Derek Urban, 56th Mission Support Squadron, goes for three Friday during the three-point shoot off competition. Urban won the event, which was part of the fitness center's fitness month activities.

# Air Force announces new fitness standards

By Leigh Anne Redovian

Beginning in July, the Air Force's annual cycle ergometry test will expand to include muscular fitness assessments using pushups and crunches for all Air Force members.

Pass and fail standards will not be decided until January 2002, giving Air Force leadership sufficient opportunity to evaluate the expanded program's effectiveness.

"The Air Force is committed to enhancing the health, well being and performance of every member," said Air Force Chief of Staff Gen. Michael Ryan.

Requirements for crunches are the same for men and women depending on age. Pushup requirements are different for men and women and are also structured according to age. Both men and women will be required to do full "normal military pushups." People will have two minutes to complete each test.

According to Ryan, the changes are vitally important in assessing force enhancement and to ensure compliance with DOD instructions.

"Physical fitness remains an essential component of combat readiness and expeditionary competence," Ryan said. "We will continue to research methods to improve the health and performance of the Force."

All members will be receiving a

practice evaluation by June 30, 2001. The requirements are listed below.

Crunches	with	arms	across	(
Age		$N\iota$	ımber	
17-24:		Ę	53	
25-29:		5	50	
30-34:		4	12	
35-39:			38	
40-44:			32	
<b>45-4</b> 9:		:	30	
50-54:		2	28	
55-59:		2	27	

#### Pushups for females:

Age	Number
17-24:	19
25-29:	17
30-34:	15
35-39:	13
40-44:	12
<b>45-4</b> 9:	10
50-54:	9
55-59:	8

Pushups for males in two minutes:

UCD.	
Age	Number
17-25:	42
25-29:	40
30-34:	36
35-39:	34
40-44:	30
<b>45-4</b> 9:	25
50-54:	20
55-59:	18